

Aug 2024 - Oct 2024			MENU CYCLE 1				
DAY	W/D	Breakfast	Mini Breakfast (Whole School)	MidMorning Hostel	Lunch	Evn.Snack	Dinner
Monday	Egg +Milk	Palappam	Idli	Pav Bun	White Rice	Chicken burger	Veg Pulao
		Veg curry			Moong dal/Dal Tadka	Veg-burger	Chicken Roast
		Lime juice	Chutney		Mixed Veg Sabji	Juice	Mix Veg Curry
					Pappad	(One number)	
			Lime juice		Pickle		Fruits
				Kheer			
Tuesday	Egg +Milk	Idli	Cutlets	Ela Ada	Egg Fried Rice	Sausage puff rolls	Chappathi
		Sambar			Dal Chaval	Veg puff roll	Chicken curry
		Chutney			Vegetable manchurian	Juice	Veg-khorma
		Lime juice	Sauce (Separate)		(2 number)	Caramel banana	
					Pickle		
				Mango Mousse			
Wednesday	Milk	Idiappam	Pav Bun	Bun parotta (Frutti roll)	White Rice	Uzhunnu vada	White plain rice/dal curry
		Kadala curry			VEG - Paneer Masala and Dal	Juice	Beef fry
		Lime juice	NON - Fish Curry		(2 number)	Paneer dry item	
			Thoran			Banana	
					Pickle, Pappad		
				Kesari			
Thursday	Egg +Milk	Bread	Dosa	Samosa	Chicken Biryani	Hot Dog	Chappathi
		Butter/Jam	Chutney		Veg Biryani & Dal Chaval	Juice	White Channa
		Cornflakes			Raita		Raitha
		Hot milk			Pickle		Fruit custard
		Lime juice	Lime juice		Cut Fruits (Watermelon/Pineapple)		
Friday	Egg +Milk	Thattu dosa	Veg Sandwich	Fried veg roll	Chapatti	Chilly chicken puff roll	Paal appam
		Sambar/chutney			Aloo Matar		Chicken curry
		Lime juice			Kachumber salad	(One number)	Veg curry
					Cake	Chilly paneer roll	Pinapple
			Lime juice			(One number)	
Saturday	Milk	Poori		Ullivada	Ghee rice	Pizza	Craem of tomato soup
		Potato masala			Chicken roast (3 pc)	Juice	Garlic bread
		Lime juice			Veg masala	(1 number)	Crumb fried chicken/veg
					Trifle pudding		Roasted potatoes & Paneer cutlets
							Banana
Sunday	Milk	Masala Dosa		Allo bajji	Veg pulao, Beef vindaloo	aloo tikki chaat	Kerala parotta
		Sambar + Chutney			Veg vindaloo	Juice	Paneer butter masala
		Lime juice			Pickle,Dessert		Butter chicken
							Salad,Ice cream
							Watermelon

Aug 2024 - Oct 2024			MENU CYCLE 2				
DAY	W/D	Breakfast	Mini Breakfast (Whole School)	MidMorning Hostel	Lunch	Evn.Snack	Dinner
Monday	Egg +Milk	Idli	Vada	Bread -Butter and Jam	White Rice	Chicken puffs	Veg Pulao
		Sambar			Sambar & Plain dal	Paneer Puff Roll	Chicken Curry
		Chutney			Aviel	Juice	Shredded veg with paneer
		Lime juice	Pappad/Pickle			Pinapple	
			Kheer				
Tuesday	Milk	Puttu	Idli and Chutney	Veg cutlet	Chicken biriyani	Chicken samosa	Chappathi
		Kadala curry			Veg.biriyani & Dal Chaval	Veg Samoosa	Green Peas
		Lime juice	Lime Juice		Raita,Pappad	Juice	Paneer Curry
					Gulab Jamoon	(One number)	truffle pudding
Wednesday	Milk	Thattu dosa	Pav Bun	Vada	Boiled Rice	Chicken Hot Dog Roll	Kerala parotta
		Sambar			Moru curry	Juice	Beef curry ,
		Chutney			Thoran / Erissery	(2 number)	Paneer Curry
		Lime juice	Fruits			Bananna	
			Pickle & Pappad				
Thursday	Egg +Milk	Bread,Butter	Dosa and Chutney	Parpuvada	Egg Fried Rice & Dal Chaval	Chicken spring roll	Pathiri
		Jam			Fish manchurian	Paneer Spring Rolll	Mixed veg curry
		Egg			Veg Balls Sauce	Juice	Chicken curry
		Hot milk	Pickle & Pappad			Carrot halwa	
		Lime juice	Lime Juice		Cake		
Friday	Milk	Uthappam	Veg Sandwich	Cream Roll	Chapatti	Muffin(2)	Chappathi
		Sambar/chutney			Chole / Rajma Masala	Juice	Mixed dal
		Lime juice	Lime Juice		Raita		Semi Fried Veg
					Kesari		Watrmelon
Saturday	Egg +Milk	Masala dosa		Potato bajji	Chicken dum biriyani	Pav bhaji(2)	Boiled veg/corn/spinach with white sauce
		Sambar			Veg biriyani	Juice	Bread
		Chutney			Raita,pickle,pappad		Meat Cutlet / Veg Cutlets
		Lime juice			Fruits		Bananna
Sunday	Milk	Bombay Toast		Biscuit	Lime rice	Onion Pakkoda	Pasta
					Pepper chicken masala	Juice	Minced meat in red sauce
		Lime juice			Kadai paneer		Cole slaw
					Pappad,pickle		Desert
					Caramel custard		