

Jan 2024 - Mar 2024		CYCLE 2
DAY	Mini Breakfast	Lunch
Monday	Mint Sandwich	Boiled rice
		Dal curry/Pappad
		Aviel
	Lime juice	Pickle
		Semiya payasam
Tuesday	Idli	Chicken biriyani
	Chutney	Veg.biriyani
	Lime juice	Raita,Pappad
		Pineapple keasri
Wednesday	Pav Bun	Fried Rice
		Fish balls
		Veg Balls
	Lime juice	Sauce
		Gulab Jamun
Thursday	Dosa	Plain rice
	Chutney	Moru curry
		Thoran / Erissery
	Lime juice	Fruits
Friday	Veg Sandwich	Chappti
		White Channa
	Lime juice	
		Cake

Jan 2024 - Mar 2024		MENU CYCLE 1
DAY	Breakfast	Lunch
Monday	Mint Sandwich	Boiled rice
		Sambar
		Mezhukkupuratty
	Lime juice	Pappad/Pickle
		Semiya payasam
Tuesday	Idli	Veg Fried Rice
		Vegetable manchurian
	Chutney	Mango mousse
		Sauce (Seperate)
	Lime juice	Mango Mousse
Wednesday	Pav Bun	Boiled rice
		Fish curry/Dhal
		Cabbage thoran
	Lime juice	Pickle
		Fruits (Watermelon)
Thursday	Dosa	Chicken biriyani
		Veg.biriyani
	Chutney	Raita,pickle
	Lime juice	Keseri
Friday	Veg Sandwich	Chappati
		Egg Roast
	Lime juice	Cake