

## CYCLE 1

DAY	Mini Breakfast (Whole School)	Lunch
Monday	Boiled egg	Red rice
	Banana (robusta)	Sambar
		Avial
		Pappad
	Lime juice	Pickle
		Kheer
Tuesday	Idily	Ghee rice
		Chicken roast
		MIXED VEG CURRY
	Lime juice	Pappad / pickle
		Gulab jamun
Wednesday	Veg sandwich	Egg noodle
		Veg noodle
		Tomato sauce
	Lime juice	Sezhawan sauce
		Fruit
Thursday	Vada	Fish ball biriyani
	Chutney	Paneer biriyani
		Kachumber / pickle
		Cake
Friday	Ellada	Red rice
		Moru curry
		Thoran
	Lime juice	Papad pickle
		Fruit

\*\* Menu is subject to change based on availability of raw materials

## CYCLE 2

DAY	Mini Breakfast (Whole School)	Lunch
Monday	Pathiri	Boiled rice
		Fish curry / sambar
		Thoran
	Lime juice	Pappad/pickle Kheer
Tuesday	Kozhukatta	Chappathi
		Egg curry
		Panner mutter
	Lime juice	Raitha , pappad , kesari
Wednesday	Veg sandwich	Boiled rice
		Moru curry
		Thoran or erissery
	Lime juice	Pickle pappad Fruits
Thursday	Dosa	Chicken dum biriyani
		Veg dum biriyani
		Raitha
	Lime juice	Pickle pappad Gulab jamun
Friday	Bun Butter Jam	Kanji
		Green Gram
		Chiutney, Pappad & Pickle
	Lime Juice	Cake

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## CYCLE 3

DAY	Mini Breakfast (Whole School)	Lunch
Monday	Boiled banana	Egg fried rice
		Veg fried rice
	Lime juice	Veg manchurian
		Sauce (separate)
Tuesday	Idily	Red rice
		Sambar
		Erissery
	Lime juice	Papad / pickle
		Payasam
Wednesday	Pav bun	Chappathi
		Aloo mattar
		Kachumber salad/ raita
	Gulab jamun	
Thursday	Vada	Boiled rice
		Chicken curry / DHAL CURRY
	Chutney	Raita
	Lime juice	Pickle , pappad
		Fruit
Friday	Veg sandwich	Egg noodles
		Veg noodles
		Tomato sauce
	Lime juice	Sezhwan sauce
		Cake

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## CYCLE 4

DAY	Mini Breakfast (Whole School)	Lunch
Monday	Bun butter jam	White rice
		Dal curry
		Crispy fried veg
	Lime juice	Pappad/pickle
		Kheer
Tuesday	Cutlet	Chicken biriyani
		Veg.biriyani & dal chaval
	Lime juice	Raita,pappad
		Cut fruits
Wednesday	Dosa chutney	Tomato rice
		Aloo fry sabji ( dry)
		Raitha
	Lime juice	Pickle
		Banana
Thursday	Veg sandwich	Chappathi
		White channa curry
		Kachumber
		Cake
Friday	Ela ada	Boiled rice
		Fish curry / morru curry
	Lime juice	Thoran /pickle/ pappad
		Keseri

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